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AGING AND COGNITION

The Maze of Assessment, Differentiation & Intervention Management

- ◆ Dementia ◆ Depression ◆ Delirium
- ◆ Parkinson's ◆ Alzheimer's
- ◆ Frontotemporal Lobar Degeneration
- ◆ Challenging Behaviors ◆ New Findings/Research

"EXCELLENT presentation. Useful for both work and in personal life." **Sherry Peck, OT**

Presented By:
Susan McPherson, PhD, ABPP/CN, LP



**CONTINUING
EDUCATION
HOURS
PROVIDED**



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CONTINUING EDUCATION HOURS

To receive verification of successful completion of the following credit hours, participants are expected to sign-in, attend the entire program, and to complete an evaluation. For continuing education inquiries, please go to this program's page at www.health-ed.com or contact ssell@health-ed.com.

CERTIFIED CASE MANAGERS: 6.0 Hours.

This program has been approved by the **Commission for Case Manager Certification**. Approval number will be issued on the certificate of attendance.

NURSES/NURSE PRACTITIONERS/NURSE SPECIALISTS: 6.0 Contact (60 minute) Hours.

HEALTH ED is an approved provider of continuing nursing education by the Wisconsin Nurses Association Continuing Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Center's **Commission on Accreditation**.

NURSING HOME ADMINISTRATORS: 6.0 Hours.

This educational offering has been reviewed by the **National Continuing Education Review Service (NCERS) of the National Association of Boards of Examiners for Nursing Home Administrators (NAB)** and approved for 6 clock hours and 6 participant hours. Approval #852008-26754-6. Please bring your license number.

OCCUPATIONAL THERAPY PRACTITIONERS/OCCUPATIONAL THERAPY ASSISTANTS: 6.0 Hours.

AOTA - .6 CEUs (6.0 Contact Hours). HEALTH ED is an Approved Provider of Continuing Education for occupational therapists and occupational therapy assistants by the **American Occupational Therapy Association**. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

PHYSICAL THERAPISTS/PHYSICAL THERAPY ASSISTANTS: 6.0 Hours.

This program has been designed to meet the criteria for 6.0 hours of acceptable continuing education. Licensees are to determine the acceptability of the program based upon the rules of their licensing board

PSYCHOLOGISTS: 6.0 Hours.

HEALTH ED is approved by the **American Psychological Association** to sponsor continuing education for psychologists. HEALTH ED maintains responsibility for this program and its content. HEALTH ED is offering this activity for 6 hours of continuing education credit. Full attendance is required. No partial credit will be offered for partial attendance.

SOCIAL WORKERS, MARRIAGE AND FAMILY THERAPISTS, AND COUNSELORS: 6.0 Hours.

Oregon - The **Oregon State Board of Clinical Social Workers** accepts courses/providers approved by ASWB and/or NASW.

Washington - This workshop has been approved by the **Washington Chapter, National Association Social Workers (NASW)** for Licensed Social Workers, Licensed Marriage and Family Therapists and Licensed Mental Health Counselor, (provider #1975-181).

NASW - This program is approved by the **National Association of Social Workers** (provider #886341246) for 6.0 continuing education hours.

ASWB - HEALTH ED, (provider #1033), is approved as a provider for social work continuing education by the **Association of Social Work Boards (ASWB)**, (1-800-225-6880) through the Approved Continuing Education (ACE) program and maintains responsibility for the program.

NBCC - HEALTH ED, (provider #5655), is recognized by the **National Board for Certified Counselors** to offer continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines.

SPEECH-LANGUAGE PATHOLOGISTS: 6.0 Hours.

ASHA - .6 CEUs (Intermediate Level/Professional Area). HEALTH ED is approved by the Continuing Education Board of the **American Speech-Language-Hearing Association (ASHA)** to provide continuing education activities in speech-language pathology and audiology. This program is offered for .6 CEUs (Intermediate Level/Professional Area). ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

√**Others:** If your profession is not listed, please contact your board to determine how to receive credit. This program is designed to offer six contact hours. Many boards accept reciprocal approval via the organizations listed above.



REGISTRATION

AGING AND COGNITION: The Maze of Assessment, Differentiation & Intervention Management

APRIL 29, 2009 - PORTLAND, OREGON - APRIL 30, 2009 - SEATTLE/EVERETT, WASHINGTON • MAY 1, 2009 - SEATTLE/TUKWILA, WASHINGTON

ORWASMACSR9



1. Yes I will Attend: (please check date/location)

- APRIL 29, 2009 - PORTLAND, OREGON
- APRIL 30, 2009 - EVERETT, WASHINGTON
- MAY 1, 2009 - TUKWILA, WASHINGTON

2. Complete for each registrant: Copy as needed. All information will be kept confidential.

- PSYCHOLOGIST SW MFT LPC
- NURSE CCM PTA PT
- SLP NHA OTA OT
- OTHER _____ POSITION _____

Name: _____ First Name _____ Last Name _____

Daytime Phone: (____) _____ - _____ Fax: (____) _____

Employer/Agency: _____

Agency or Home Address: _____

City: _____ State: _____ Zip: _____

E-mail: _____

3. Registrations must be pre-paid. Payment or all purchase order had copy must be included to process registrations.

+\$169.00 per person for group of 2 or more pre-registering at the same time

+\$179.00 per person pre-registering

\$189.00 per person when registering after the pre-registration deadline or at the door (space permitting)

Federal Tax ID: 39-1779320

PRE-REGISTRATION DEADLINE: To ensure your place in this course, please register as early as possible. Pre-Registration rates apply to individuals and groups registering with payment in full before 12:00 noon CT the day before the program. **Groups must register at the same time.**

Detach and mail with payment to: HEALTH ED, P.O. Box 1075, Eau Claire, WI 54702-1075

4. Ways to Register/Method of Payment (select one):

- ON-LINE:** www.health-ed.com (credit card via secure web site)
- Fax:** 715-839-8680 (credit card or **entire purchase order hard copy**)
- Mail:** Check or money order payable to HEALTH ED, credit card information or **entire purchase order paperwork:** HEALTH ED, Box 1075, Eau Claire, WI 54702-1075

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OFFICE USE: F P RW

Please pass this brochure along to your colleagues who would also benefit from this program.

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IMPORTANT INFORMATION

APRIL 29, 2009

PORTLAND, OREGON

EMBASSY SUITES PORTLAND AIRPORT
7900 Northeast 82nd Avenue | Portland, OR 97220
503-460-3000

APRIL 30, 2009

SEATTLE/EVERETT, WASHINGTON

HOLIDAY INN DOWNTOWN - EVERETT
3105 Pine Street | Everett, WA 98201
425-339-2000

MAY 1, 2009

SEATTLE/TUKWILA, WASHINGTON

BEST WESTERN RIVER'S EDGE
15901 West Valley Highway | Tukwila, WA 98188
425-226-1812

CONFERENCE HOTEL INFORMATION: For additional hotel information, including driving directions and parking, please contact hotel directly or go to this program's page at www.health-ed.com for link to hotel website.

ADA: Contact us a minimum of 3 weeks prior to the program for accommodations.

REGISTRATION POLICY: A completed registration form, payment, or purchase order hard copy is required at time of registration for **each** attendee. Use only one registration form per person. Please copy this form for multiple registrations. **Pre-Registration** rates apply only to individuals and groups registering with payment in full before 12:00 noon CT the day before the program. **Groups must register at the same time.**

TUITION: Fee includes program manual and refreshments at sign-in.

†\$169.00	per person	for group of 2 or more pre-registering at the same time
†\$179.00	per person	pre-registering
\$189.00	per person	when registering after the pre-registration deadline or at the door (space permitting)

RECEIPT/CONFIRMATION: Register on-line at www.health-ed.com or email your request to smartin@health-ed.com.

CANCELLATIONS/TRANSFERS: To make registration changes, please email smartin@health-ed.com prior to the program for transfers or credit coupons which can be applied toward a future program. A refund, minus a \$30 administrative fee, is possible for cancellations received no later than seven (7) business days prior to the start of the program. No refunds will be granted after that date. In the unlikely event HEALTH ED has to cancel a program for any reason you will be notified immediately to arrange a transfer, coupon, or full refund.

BUY YOUR COPY TODAY!

Caregivers Bible by William Matteson, PhD (formerly William Cone, PhD)

Caring for the infirm and elderly has always been a difficult and stressful task. But in today's world of increased case loads, cost cutting, managed care and HMOs, the task has become even more demanding. This book will show you and your staff how to deliver total quality behavioral care in today's marketplace, while maintaining your own health and sanity.

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HEALTH ED SATISFACTION GUARANTEE
If you are not satisfied with the program, call us or write to us and we will make it right!
Lois Postlewaite • Penny Graham • Sue Rogge

COURSE SUMMARY

7:30 A.M. Registration, Sign-In, & Course Materials

~ Course begins at 8:00 AM and concludes at 3:30 PM. Morning and afternoon breaks determined by Dr. McPherson ~

COGNITIVE CHANGES ASSOCIATED WITH NORMAL AGING

Attention • Language • Memory • Visuospatial • Executive Functions

DEMENTIA

Dementia Syndrome • Diseases that Cause Dementia
Reversible Causes of Dementia • Criteria for Mild Cognitive Impairment(MCI)

ALZHEIMER'S

Theories of Causation • Neuritic Plaques • Neurofibrillary Tangles
Cognitive Features • Treatment • Memantine

VASCULAR DEMENTIA

Criteria for Diagnosis • Subtypes • Clinical Symptoms

PARKINSON'S DISEASE

Facts • Clinical Characteristics • Neuropathology
Cognitive Features • Differentiating AD from Parkinson's

LEWY BODY DEMENTIA (DLBD)

Facts • Clinical Diagnosis • Differential Diagnosis DLB vs AD vs PD

11:30 AM - 12:30 PM LUNCH (ON YOUR OWN)

FRONTOTEMPORAL LOBAR DEGENERATION (FTD)

Four Subtypes • Lund and Manchester Criteria
Lund and Manchester Supportive Features • Degeneration • Pick's Disease
Primary Progressive Aphasia • Semantic Dementia
Corticobasal Ganglionic Degeneration • Cognitive Features
Functional Changes • Differentiating FTD from AD • Treatment
Jakob-Creutzfeldt • Mini Mental Status Exam

DEPRESSION

Dementia Syndrome of Depression • Medical Illnesses
Cognitive Features • Geriatric Depression Scale

DELIRIUM

Cognitive Changes • Assessment • Rating Scales
NEECHAM Confusion Scale • Delirium-O-Meter
Acute Confusion/Delirium Algorithm

MANAGING CHALLENGING BEHAVIOR

Causes • Mediating Factors • Progressive Brain Disease • Health Problems
Environmental Causes • Task-Related Causes • Communication Difficulties
Steps as Easy as PIE • Research – Latest Findings & How to Interpret

3:30 P.M. EVALUATIONS, ADJOURNMENT, & CERTIFICATES

WHO SHOULD ATTEND

Psychologists • Social Workers • Nurses • Counselors • Activity Directors
Case Managers • Physical Therapists • Nursing Home Administrators • LTC Consultants
Speech-Language Pathologists • Occupational Therapists • Marriage & Family Therapists

This is an intermediate course appropriate for those individuals working in a variety of settings including social service agencies, private practice, health and home care settings.

PRESENTER

SUSAN MCPHERSON, PhD, ABPP/CN, LP, a Board Certified neuropsychologist with 14 years experience in the geropsych field, is an Associate Clinical Professor of Neurology at the University

of Minnesota School of Medicine and a staff psychologist at the VA Medical Center in Minneapolis. She previously worked as an Associate Clinical Professor of Neurology at the Geffen School of Medicine at UCLA, was the Director of the Los Angeles Area Alzheimer's Outreach Program, Director of the Neuropsychology Laboratory at UCLA Alzheimer's Disease Center, and Associate Director of the UCLA Dementia and Behavioral Neuroscience Fellowship, UCLA Department of Neurology.

Dr. McPherson and her colleagues have collaborated on a number of articles for such journals as *The Clinical Neuropsychologist*, *American Journal of Geriatric Psychiatry*, and *Clinics in Geriatric Medicine*. She has written several chapters for a variety of neuropsychology texts, including "Apathy in Alzheimer's Disease: Impact on Executive Functions" in *Alzheimer's Disease: The Basics* and "Neuropsychological Evaluation" for *The Comprehensive Textbook of Psychiatry*.

Dr. McPherson is a member of the American Board of Professional Psychology and the American Psychological Association.

PROGRAM PLANNING TEAM

Susan McPherson, PhD, ABPP/CN, LP • Kay Gautsch, PT
Lois Taft, DNSc, RN • Linda Schreiber, MS, CCC-SLP
Chris Petro, LCSW, QCSW • Louise J. Armstrong, OTR
Jacqueline Pavelski, NHA

PURPOSE & OBJECTIVES

For professionals interested in working with the increasing number of older adults, a clear understanding of the normal changes associated with late life is necessary to create a foundation for differentiating normal change from pathology. Dr. McPherson will address the important issues of delirium and depression, which are dramatically

under-diagnosed, despite the reversible nature of both illnesses.

Neuroanatomy of the brain will be discussed as it relates to the various dementias in order to determine the clinical characteristics of each and the behavioral triggers that bring on the challenges faced by caregivers.

The purpose of this program is twofold: to help healthcare professionals in various disciplines identify and treat delirium, depression and dementia while differentiating one form of dementia from another, and to provide several methods of managing challenging behavior in order to successfully navigate the changing face of the disease.

At the conclusion of this program, you will have the knowledge required to:

- Describe the cognitive changes associated with aging that impact on language and communication.
- Assess and differentiate between dementia, depression, and delirium.
- Differentiate the clinical aspects of various dementias including Alzheimer's and Parkinson's to determine the cognitive-communication disturbances specific to each dementia.
- Explain the relationship of neuroanatomy, the aging brain, and the behavior of the older adult to bio-psychosocial assessments of the older client.

"Thank you for the in-depth information and new research. It provided important data for my work as a psychologist in long term care."

Linda Goldetsky, PhD, Psychologist

"EXCELLENT inclusion of neurophysiology, pharmacology, anatomy, and clinical anecdotes to provide a comparative picture of dementia. Highly effective presenter!"

Jeri Rowley, PT, MFT